LUNDY MODEL

This model was developed by Professor Laura Lundy as a framework for coaches to follow to encourage participation and champion the rights of children and young people.

**Space**
Children and young people must be given safe, inclusive opportunities to form and express their views

**Voice**
Children and young people must be facilitated to express their views

**Audience**
The views must be listened to

**Influence**
The views must be acted upon, as appropriate

---

**STAGE 1**
The rights to express views

**Article 12**
The rights to have views given due weight

**STAGE 2**