

TOP 5 TIPS

ON HOW TO CREATE A POSITIVE PARENT CULTURE



1. **Set clear boundaries** – Create a set of guidelines for parents which lets them know what type of behaviour is not acceptable. Share these guidelines with parents when their child joins the club, at the beginning of every season and mid-season. If behaviour falls below expected levels let the parent know and refer to the guidelines.



2. **Nip it in the bud** – Challenge negative behaviour as soon as it happens but don't get combative or punitive unless absolutely necessary.



3. **Spread the positivity** – Utilise the attributes of positive parents by getting them to mentor other parents.



4. **Time out** – If negative behaviour persists suggest some space so the person can reflect on their behaviour.



5. **Child-first always** – Take a child-first approach so that parent and child enjoy a journey of trust, autonomy, enjoyment and development together.